



TY ASSOCIATE Dance Programme



Year

WSBPA

2026-2027



WSBPA Transition Year Associate Dance Programme

This programme is designed for students who may be considering a future in performance or dance teaching, as well as those who simply have a love of dance, performing and musical theatre.

It offers students a valuable insight into the world of dance, while providing a fun, supportive and structured environment to learn, grow and build confidence.

WSBPA's experienced and fully qualified teaching team are dedicated to guiding students in the right direction, providing high-quality training across all areas of dance.

With over 60 years of experience, WSBPA prides itself on its high standards, attention to detail and strong work ethic - combined with a positive and encouraging atmosphere for every student.

The programme includes a wide range of classes such as: Ballet, Modern, Tap, Contemporary, Acro, Choreography & Improvisation, Audition Technique, Body Conditioning & Progressing Ballet Technique. Students will also explore: Dance History, Basic Anatomy & Kinesiology, Stagecraft, Singing & Performance, Costume Design.

Throughout the programme, students will work towards an end-of-year showcase performance, giving them the opportunity to perform in a professional theatre setting.

Student wellbeing is a key focus of the programme. We aim to create a positive environment where students feel supported, encouraged and confident to develop both as dancers and as individuals.

To date, over 25 students have completed the Transition Year Associate Dance Programme, with participants joining us from a variety of schools including Loreto, Presentation, St. Peter's College and a school in Waterford. The programme has also been enjoyed by international and exchange students, and can be a great way to enhance their overall experience while living and studying in Ireland.

The programme has proven to be a highly rewarding and enjoyable experience, and we look forward to welcoming a new group of students for 2026–2027.

We are open to any questions you may have.

Suzanne O'Leary & the WSBPA Team

Transition Year Associate Dance Programme 2026 - 2027

Terms & Fee Breakdown

Term 1:

Tuesday 29th September - Thursday 26th November 2026

Term 2:

Tuesday 19th January - Thursday 18th March 2027

€160 per term

(8 weeks • 2 days per week • 1 hour classes • €10 per class)

Payment for Term 1 secures your place.

Please note: It is necessary to do both terms if you want to part take in the end of year showcase.

€320 for both terms

Programme Structure

- Two 8-week terms
- Two 1-hour classes per week (Start time between 2pm-2.30pm - subject to change)
- Classes take place on Tuesdays & Thursdays



TY Associate Dance Programme Class of 2025-2026

Transition Year Associate Dance Programme 2026 - 2027

Timetable

The timetable is based on two one-hour classes per week across both terms.

Please see below an example of the types of classes included in the programme.

The official timetable will be confirmed in September 2026.

Dates, times and class days are subject to change.

<p>Week 1</p> <p>Tuesday Contemporary Dance Thursday Ballet/Choreography</p>	<p>Week 5</p> <p>Tuesday Tap/Choreography Thursday Stage Craft/Expression</p>
<p>Week 2</p> <p>Tuesday Ballet/Choreography Thursday Backstage/Stage Craft</p>	<p>Week 6</p> <p>Tuesday Stage Make Up Thursday Modern Dance/Choreography</p>
<p>Week 3</p> <p>Tuesday Audition Technique & Taping Thursday Modern Dance/Choreography</p>	<p>Week 7</p> <p>Tuesday History of Dance/ Basic Anatomy Thursday Contemporary Dance/Acro</p>
<p>Week 4</p> <p>Tuesday Acro Thursday Progressing Ballet Technique</p>	<p>Week 8</p> <p>Tuesday Guest Speaker Thursday Showcase Rehearsal</p>

Programme Extras

- **Optional complimentary Teacher Assistant Training**

(Saturdays during RAD Ballet classes, working with younger students aged 2+)

- **Studio time for practice and preparation**

Giving students the opportunity to develop their skills outside of class



TY Associate Dance Programme Class of 2024-2025



TY Associate Dance Programme Class of 2024-2025

TY Associate Dance Programme Student Testimonials

These past few months in the dance programme we have learned so much new styles of dance and tried so many new techniques. I have made new friends that have helped me gain confidence in dancing in front of others. I feel I have really improved my dancing and have grown a larger interest for it. Coming into the programme first, I really only had experience in Ballet, Contemporary and Acro. I now feel I have experience in Modern, Tap, Jazz and technical aspects of dance. I have picked up Tap and Modern in the studio now and I couldn't recommend it more. From learning about the anatomy of the body and dance history, I have a better understanding of dance and its' origins. I look forward to my Monday, Tuesday and Friday afternoons, it definitely puts a nice end of a school day, I would recommend this programme to anyone interested in dance, and of any level of dance, as you really do learn so much.

Fia Delaney

The dance programme has truly made my TY experience and I would recommend it to anyone. As someone who hadn't really done dance before this, I felt so welcome here by all the girls and really enjoyed learning all the different choreography from all the different dance genres. It definitely improved my confidence when dancing in front of others and improv. I have met many friends for life. It has definitely given me a positive outlook on life and helps me cope with everyday stress. So thank you to everyone who helped me along the way.

Emma Power

This year has been an amazing opportunity and I am so grateful for all the friendships I have created and developed. I think that I have grown and improved as a person and I now have more determination and drive.

Maeve Arrigan

This year's experience with the TY programme has really helped me appreciate dance and the reasons for why I love it and enjoy it so much. I've grown my confidence and strength and gained the most amazing friendships from this experience. I've really enjoyed this opportunity and everything I've learned from it.

Ali Wilson

My name is Faye Kehoe and this school year I took part in the Wexford School of Ballet TY Associate Dance Programme. I am so grateful to have been given the opportunity to take part in this programme as I can really see the significant difference in myself as a dancer and a person from the beginning of the year to now. I have noticed an immense growth in my confidence, dancing abilities, mindset, motivation and friendships. I have benefitted from learning about different areas of dance that we wouldn't cover in classes outside the programme such as the anatomy of a dancer and dance history. The longer classes provide more time to really go into depth with new material and technique which was very beneficial. I have thoroughly enjoyed taking part in this programme and I feel so lucky to have a dance school that is able to give us opportunities like this and provide us with not only training that is constantly pushing us to grow and improve as dancers but also as people motivating us to become the best versions of ourselves and to have such a positive outlook on life and that is the most valuable lesson I have learnt whilst taking part in this incredibly rewarding experience.

Faye Kehoe

TY Associate Dance Programme Student Testimonials

The TY dance programme has been a fantastic opportunity for us to grow stronger as dancers and a team. The programme really helped me to improve my confidence in myself, both in dance and in general. I am so thankful to have been able to take part in this programme and I think it is something that everybody should have a chance to do.

Annie Allen

I have enjoyed doing the TY dance programme for many reasons and I'm so grateful I got to do it. I made so many new friends and gotten closer to more people in the studio who I wouldn't have talked to before. I improved a lot with my strength and flexibility which was one of the things I aimed to get when asked what I wanted to achieve this year. I also gained a lot of confidence in myself throughout the year. Doing the programme really helped me in so many ways and I'm so happy I got the opportunity to do it.

Katie Donoghue

The TY programme brought a whole new meaning to dance and how it brings positivity into my life. We got the opportunity to explore our potential and to grow in so many ways in an empowering environment. I will be forever grateful for the friendships that his experience has brought me and the unforgettable memories we made together. I will carry the lessons I learned during the year with me throughout my life

Maeve White

I have really enjoyed my time in the TY programme. I think that my overall dance has improved. I also see great difference in my flexibility and my strength this has all went towards the improvement of my dance in general. As well as this I feel that I have much more confidence both when it comes to dancing in front of other people and in improvising when we are told to ardur own bit to the dance. From the dance programme I have gotten closer to my friends in dance and this makes it even more enjoyable. It is very nice to have a break from school and to do something I enjoy so much. I have learnt a lot from the TY programme that I will use for my future such as confidence in speaking out more form myself and not being afraid to put my ideas forward and go for opportunities I am offered. Overall the TY Associates programme has been one of my highlights of Transition Year.

Pippa Morris

I am so grateful that I had the opportunity to partake in the TY dance programme this year. It gave me the opportunity to meet some amazing people and get closer with those I have been dancing with for years. As well as improving my strength, flexibility and overall skill which were some main goals of mine, I also feel that my confidence not only as a dancer, but in general has grown so much and I will be forever grateful for this programme.

Leah O'Reilly

The TY Associate Programme has been an amazing experience. Because I joined dance later than most, through the programme I've had the chance to benefit my technique and my confidence and build many friendships along the way. We got to learn the many aspects of dance, and also things like audition technique, singing and how to believe in yourself.

Tommy O'Leary

Please complete our registration form online or alternatively complete the below and return to us.

WEXFORD SCHOOL OF BALLET & PERFORMING ARTS

TRANSITION YEAR ASSOCIATE DANCE PROGRAMME



Full Name _____

Address _____

Parent/Guardian Phone No _____ Email _____

Student Phone No _____ Email _____

Date of Birth _____

1. Please indicate if you consent for your photographs/videos to be taken and displayed for media and advertisement events. Yes No
2. Do you have any previous dance experience? _____
3. In the case of accident/injury, do WSBPA have your consent/permission to treat/transfer students to the doctor/hospital? Yes No
4. Please sign to release WSBPA & all its staff from any claims or damages for injuries which a student may sustain while participating in any activities with WSBPA.
5. Please be advised WSBPA will only be responsible for student supervision during assigned class times and is not responsible for personal belongings, ie phones, jewellery etc.
6. Please describe, give dates, any record of serious conditions, injuries or allergies etc. WSBPA should be made aware of.
7. If you are currently taking medication. Please state below for what conditions & provide details.

Doctors Name & Number _____

I declare that the information given on this form is complete and correct.

If the applicant is under the age of 18, I the parent/guardian agree with the above and give my consent to this application

Signed by Applicant _____ Date _____

Parent/Guardian Signature _____ Date _____

Please be advised that all the above information is held in the strictest confidence.

SECTION 2- STUDENT CONTRACT



The success of the Transition Year Programme is heavily dependent on the attitude carried into the programme by participants. It is therefore essential that all participants are willing to accept and abide by the required behaviours. Please read through the following carefully and sign below to acknowledge acceptance.

Students of WSBPA Transition Year Associate Dance Programme are expected to adhere to the following:

- **Good attendance:** Good attendance is a basic requirement for the TY Dance course. Any consistent or prolonged absences will reduce the benefits considerably. A doctor's certificate will be required for all lengthy absences.
- **Application to work:** We require that our students "opt in" to activities offered in the TY Associate Dance programme. A broad and varied programme of activities is a feature of the course and students are expected to partake in all activities. During the programme students are encouraged to move from dependent learners relying on the teacher to independent learners who take responsibility for their own work. TY students are expected to use your own initiative and carry out independent research as you pursue this project of personal interest to you.
- **Work Experience:** Work experience is a key feature of the TY Programme & is offered at WSBPA. Students are responsible for their own work placement and are expected to make arrangements well in advance. It is also possible to do work experience in a different setting & we will encourage and support the students as our aim is to ensure maximum benefit is gained.
- **Behaviour:** Group work, team work and project work feature heavily in the TY Associate Dance programme. As such, while students are expected to adhere to the current Code of Behaviour and Anti-bullying Policy, there are increased expectations on our TY students in terms of being inclusive, cooperative and positive in their interactions with peers to ensure maximum personal development for all.

I have read and understood the above student contract and agree to adhere to it.

Signed: _____ (student)

Signed: _____ (parent/ guardian)

We, at WSBPA look forward to working with and mentoring the students through this programme & hope that their experience is a most positive one. It is our aim that the students develop as individuals throughout the programme, gain confidence in their abilities, while learning valuable life lessons and most importantly enjoying the experience

This letter must be signed and returned (or completed online) with the non-refundable payment for term 1 which secures your place on the programme.

Early booking is strongly advised as places are limited.

Thanking you for your co-operation.

WSBPA TY Associate Dance Programme Team

Contact Email - info@wexfordschoolballet.com